

NEWSLETTER

JUNE-2025



RASHID LATIF
KHAN UNIVERSITY



RASHID LATIF
MEDICAL COLLEGE



RLKU
MEDICAL & DENTAL COLLEGE



HAMEED LATIF
TEACHING HOSPITAL



ARIF MEMORIAL
TEACHING HOSPITAL



RASHID LATIF KHAN UNIVERSITY (RLKU)

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor RLKU, Meets Minister for Higher Education Punjab

Rashid Latif Khan University takes immense pride in sharing that Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor RLKU, held a pivotal meeting with the Honorable Minister for Higher Education Punjab. The discussion centered on advancing academic excellence, strengthening university-industry linkages, and exploring new avenues for collaboration in higher education across the province. This engagement reflects RLKU's ongoing commitment to contributing to policy dialogue and educational reforms at the provincial and national levels.



RLKU Leadership Engages with PHEC for Educational Advancement

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University (RLKU), met with the Chairperson of the Punjab Higher Education Commission (PHEC) in a strategic dialogue focused on the future of higher education in Punjab and he was congratulated on assuming charge as PHEC Chairperson. The meeting emphasized strengthening academic standards, enhancing research initiatives, and fostering quality assurance practices across institutions. This engagement underscores RLKU's proactive role in contributing to provincial educational policy and reform.



HEC Nominee Prof. Dr. Rukhsana Kausar Participates in Syndicate Meeting at GCWUF

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of RLKU, attended the Syndicate meeting of Government College Women University Faisalabad (GCWUF) as the official nominee of the Higher Education Commission (HEC). Her presence contributed to key discussions on governance, academic development, and institutional growth. This active involvement reflects her continued commitment to upholding quality and excellence in higher education across Pakistan.





RASHID LATIF KHAN UNIVERSITY (RLKU)

Prof. Dr. Rukhsana Kausar Attends Kinnaird College BOG Meeting as HEC Nominee

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University, participated in the Board of Governors (BOG) meeting of Kinnaird College for Women, Lahore, as a nominee of the Higher Education Commission (HEC). Her participation played a vital role in deliberations focused on strategic planning, academic policies, and institutional advancement. This engagement highlights her ongoing contributions toward strengthening governance in higher education institutions.



Promoting Mental Health in Academia: Training on Psychological Wellbeing at Baba Guru Nanak University

In a significant initiative aimed at fostering mental health awareness in academia, a comprehensive training session titled "Psychological Wellbeing of Faculty and Students in Higher Education Institutions" was conducted at Baba Guru Nanak University.

The session was led by renowned academic and mental health advocate, Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University and a senior psychologist with decades of experience in counseling, training, and educational development. As an invited expert, she addressed the rising need for psychological support systems within higher education institutions.

The training focused on:

- Understanding mental health challenges commonly faced by faculty and students
- Recognizing early signs of stress, anxiety, and burnout
- Developing coping strategies and institutional support mechanisms
- Encouraging a culture of empathy, open communication, and resilience

Faculty members, administrative leaders, and student counselors from various departments attended the session, participating in interactive discussions, case studies, and group activities. The event underscored the critical role of higher education institutions in not just academic growth, but also in nurturing the emotional and psychological wellbeing of their communities.

This timely initiative aligns with national and global goals of creating inclusive, supportive, and mentally healthy academic environments. Baba Guru Nanak University, in collaboration with academic leaders like Prof. Dr. Rukhsana Kausar, continues to take commendable steps toward holistic educational development.





Strengthening Academic Excellence: Postgraduate Program Review Conducted at Federal Urdu University

In alignment with the Higher Education Commission's mission to uphold and elevate the quality of academic programs across the country, a comprehensive **Postgraduate Programs Review** was conducted at **Federal Urdu University of Arts, Science & Technology (FUUAST)** under the supervision of the **Quality Assurance Agency (QAA) – HEC**.

The review was **convened by Emeritus Prof. Dr. Rukhsana Kausar**, Pro Vice Chancellor of Rashid Latif Khan University, who served as the **lead of the expert committee**. With her extensive academic and administrative expertise, Prof. Dr. Kausar led the process of thorough evaluation, strategic dialogue, and constructive assessment across a wide range of postgraduate programs.

The committee conducted:

- In-depth **curriculum audits** of MPhil and PhD programs
- Evaluations of **faculty profiles**, research supervision quality, and academic credentials
- Review of **research output**, publications, thesis evaluation procedures, and ethical compliance
- Assessment of **student support services**, academic resources, and learning environments
- Meetings with university leadership including the Vice Chancellor, Deans, and key academic and administrative personnel
- Focused **interactive sessions with postgraduate students** to understand their learning experience, challenges, and aspirations

This rigorous review was designed to ensure that the university's postgraduate offerings are not only compliant with HEC's **Minimum Quality Criteria** but also future-ready in terms of innovation, research impact, and alignment with national development priorities.

Prof. Dr. Rukhsana Kausar emphasized the importance of fostering a **research-driven, student-centered academic culture**, and commended the university's efforts in enhancing institutional capacity. The review concluded with strategic recommendations to further strengthen quality assurance mechanisms, faculty development, interdisciplinary collaboration, and global research linkages.

Such reviews are a vital component of HEC's ongoing efforts to transform Pakistan's higher education sector into a globally competitive, high-quality academic ecosystem. The leadership of Prof. Dr. Rukhsana Kausar, in her role as Convenor, continues to contribute significantly toward this national goal.





RASHID LATIF KHAN UNIVERSITY (RLKU)

HEC Nominee Prof. Dr. Rukhsana Kausar Participates in Syndicate Meeting at University of Okara

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University, attended the **Syndicate Meeting of the University of Okara** as a **nominee of the Higher Education Commission (HEC)**. Her presence contributed meaningfully to key deliberations surrounding academic governance, strategic planning, and institutional growth.

The Syndicate, being the university's highest statutory decision-making body, addressed various matters including:

- Approval of academic and administrative policies
- Endorsement of faculty appointments and promotions
- Review of financial plans, research initiatives, and developmental projects

Strengthening quality assurance, compliance with HEC regulations, and institutional reforms

Prof. Dr. Rukhsana Kausar brought her rich academic and administrative experience to the forum, providing valuable input on improving institutional efficiency, promoting merit-based practices, and aligning university initiatives with national higher education priorities.

Her active engagement reflects HEC's commitment to ensuring strong governance structures, accountability, and academic excellence across universities in Pakistan. The University of Okara continues to benefit from such inclusive and expert-led policy dialogues in its journey of institutional development and academic distinction.



Prof. Dr. Rukhsana Kausar Delivers Keynote Address at Noor International University Conference

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University, delivered an inspiring **keynote address on "Impact of Social Media usage on Youth"** at a prestigious academic conference hosted by **Noor International University, Lahore**. The conference brought together scholars, researchers, educators, and professionals from diverse fields to explore emerging trends, challenges, and innovations in higher education and societal development.

Prof. Dr. Rukhsana Kausar's keynote focused on **"The Role of Psychological Resilience and Leadership in Transforming Higher Education"**, offering deep insights into how mental well-being, emotional intelligence, and inclusive leadership are essential to navigating the evolving academic landscape. She emphasized:

- The critical intersection of **mental health and academic performance**
- Empowering educators and students through **resilience-building strategies**
- The importance of **transformational leadership** in higher education reform
- Aligning institutional growth with **SDG goals** and HEC's quality benchmarks

Her address was received with great appreciation and sparked meaningful dialogue among participants, encouraging institutions to adopt more human-centered, visionary approaches to education.

The conference served as a platform for knowledge exchange, research collaboration, and institutional networking and Prof. Dr. Kausar's presence significantly elevated the intellectual value and direction of the event.





RASHID LATIF KHAN UNIVERSITY (RLKU)

Institute of Arts and Culture – Mr Ali Raza Qureshi as External Reviewer for Review Institutional Performance Evaluation 2025

As part of the ongoing efforts to uplift quality assurance practices in higher education, I had the privilege to serve as an External Evaluator for the Institutional Performance Evaluation (IPE) at the Institute of Arts and Culture (IAC), Lahore under the PSG 2023 Reformed Framework.

The comprehensive review covered all 16 core standards, emphasizing institutional governance, academic quality, research culture, student support, and continuous improvement mechanisms.

During the visit, detailed observations were made through:

On-ground visits to studios, labs, libraries, lecture halls, and seminar rooms Interaction sessions with faculty members, students, and administrative staff Inspection of sports and creative facilities reflecting the vibrant artistic culture of the university.

Evaluation of governance structures and academic documentation. The evaluation concluded with constructive feedback and a tailored report aligned with HEC's PSG 2023 framework, promoting quality benchmarks for sustainability, inclusiveness, and innovation in higher education.

A rewarding experience at an institution committed to nurturing creative excellence with quality assurance at its core.



PAKAIMS – Director QEC & Additional Registrar RLKU, Mr Ali Raza Qureshi was invited as External Reviewer for Review Institutional Performance Evaluation 2025

Honored to participate as an External IPER Evaluator for the Institutional Performance Evaluation at Pakistan Institute of Management Sciences (PAKAIMS), Lahore, conducted under the newly adopted HEC PSG 2023 Framework. The review assessed the university's compliance with the 16 performance standards, with an in-depth lens on quality enhancement, academic integrity, learning resources, and institutional governance.

The visit included:

A comprehensive tour of academic blocks, conference halls, libraries, IT labs, and sports facilities.

Direct engagement with students and faculty members, gathering critical insights on academic culture and student satisfaction Evaluation of quality enhancement initiatives, feedback systems, and performance reporting.

Discussions with university leadership focusing on strategic planning and continuous improvement A detailed report was prepared highlighting strengths, areas for enhancement, and recommendations for achieving sustainable academic excellence in line with PSG 2023 benchmarks.

Commendable to witness PAKAIMS's dedication to quality assurance and its proactive steps toward institutional development.





RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU Representative Invited as External Evaluator for RIPE at NCA

Mr. Ali Raza Qureshi, Dir QEC & Additional Registrar, representing Rashid Latif Khan University (RLKU), was honored to be invited by the National College of Arts (NCA) as an External Evaluator for the RIPE (Review of Institutional Performance and Evaluation) process. This prestigious engagement reflects RLKU's growing recognition and contribution to national quality assurance efforts in higher education.

During the RIPE evaluation, Mr. Ali worked alongside NCA's internal quality enhancement team and external stakeholders to review the university's performance across key domains, including:

- **Governance and Institutional Vision**
- **Teaching and Learning Processes**
- **Research Culture and Faculty Development**
- **Student Support and Community Engagement**
- **Quality Assurance and Compliance with HEC Standards**

As an experienced quality professional, Mr. Ali provided objective insights, commendations, and recommendations aimed at enhancing institutional effectiveness and aligning NCA's strategic direction with national quality benchmarks set by the Higher Education Commission (HEC).

RLKU takes pride in contributing to Pakistan's broader academic quality framework, and Mr. Ali's participation highlights the university's active role in promoting transparency, peer review, and continuous improvement across the sector.



RLKU Holds 1st Internal Quality Committee (IQC) Meeting Under HEC QEC Calendar 2025–26

Strategic Quality Enhancement Agenda Set in Motion

In compliance with the new Quality Enhancement Calendar 2025–26 issued by the Quality Assurance Division of the Higher Education Commission (HEC), Rashid Latif Khan University (RLKU) successfully convened its 1st Internal Quality Committee (IQC) Meeting for the academic year. The session marked a pivotal step in integrating structured Continuous Quality Improvement (CQI) practices across the institution.

Chaired by the IQC Committee and hosted by the Director of QEC, the meeting brought together senior leadership including Deans, Directors, Registrar, Additional Registrar, and key academic and administrative representatives – reaffirming the university's commitment to quality-centric governance.

Key Agendas and Deliberations:

1. Alignment of Degree Program Nomenclature

The committee extensively discussed the critical importance of aligning the nomenclature of all academic programs with:

- **Board of Governors (BOG)** approved titles
- **HEC's No Objection Certificates (NOCs)**
- **Program Qualification Register (PQR)** criteria

It was resolved that any new program proposals or revisions must be routed through a compliance checklist to ensure consistency with national frameworks, accreditation standards, and regulatory expectations. This step aims to strengthen transparency, avoid duplication or misalignment, and promote program credibility across the sector.



2. Implementation Plan for RIPE Recommendations

The Director QEC shared a **detailed implementation plan** based on the outcomes of the recent **Review of Institutional Performance Evaluation (RIPE)**. The plan outlines:

- The **mapping of RIPE recommendations** against existing university practices
- Department-wise **compliance targets and timelines**
- Monitoring tools and reporting mechanisms
- Capacity building initiatives to address identified gaps

The committee appreciated the structured approach and agreed to institutionalize RIPE findings into the university's **Quality Assurance and Strategic Planning Framework** for the upcoming year.

3. Approval of Academic Audit Format and Policy

The third agenda involved the **formal approval of RLKU's Academic Audit format**, developed by the QEC. The format provides a standardized structure for internal academic reviews, covering:

- Curriculum delivery
- Assessment of integrity
- Student learning outcomes (SLOs)
- Faculty performance
- Resource availability and utilization

The proposed format, developed in line with **HEC's self-assessment and accreditation guidelines**, will be piloted across departments in the upcoming semester, laying the groundwork for a robust internal audit culture.



Presentation and Acknowledgment:

The **Director QEC**, along with the **Additional Registrar**, delivered a comprehensive presentation encompassing regulatory standards, institutional benchmarking, and a year-wise roadmap to embed CQI across academic and administrative layers.

Their efforts were met with overwhelming appreciation by the house. The committee members offered a **standing ovation and applause**, recognizing the **Director QEC's visionary leadership** in transforming quality assurance from a compliance task into a **strategic institutional priority** at RLKU.

Conclusion:

The meeting concluded with actionable resolutions, clear deliverables, and an institutional commitment to ensure that the year 2025–26 reflects a new benchmark in **quality governance, academic excellence, and regulatory alignment** at Rashid Latif Khan University.





Strategic Planning Meeting Held for Rashid Latif Khan Institute of Skills Development (RLK-ISD)

Led by CEO Madam Sabahat Khan & PVC Prof. Dr. Rukhsana Kausar

A high-level strategic meeting was held to discuss the development and operational roadmap of the **Rashid Latif Khan Institute of Skills Development (RLK-ISD)**. The meeting was jointly chaired by **CEO Madam Sabahat Khan** and **Pro Vice Chancellor Emeritus Prof. Dr. Rukhsana Kausar**, reflecting the university's visionary commitment to fostering a skills-driven, employability-focused learning ecosystem.

The forum brought together key academic planners, training specialists, and administrative leads to set a concrete foundation for the institute's framework and functionality. The focus was on designing a **future-ready skills platform** that aligns with both **national workforce demands** and **global competency standards**.

Key Agendas Discussed:

1. Alignment of Local and International Training Standards

Participants emphasized the need to align RLK-ISD's training programs with internationally recognized certifications and frameworks, such as **TVET, NVQF, NSQF, and other global benchmarks**. The goal is to ensure that students are not only skilled for local markets but are also competitive at the international level.

2. Differentiation of Multiple Training Streams

The committee discussed the importance of curating **multi-tiered, sector-specific, and practical training modules** that cater to a diverse audience – from fresh graduates to mid-career professionals. Trainings will range from **technical and vocational to entrepreneurship, digital innovation, healthcare, hospitality, and communication skills**.

3. Identifying Collaboration Opportunities

The team explored potential **collaborations with industry partners, international training institutes, chambers of commerce, government skill boards, and NGOs**, aiming to establish MOUs and certifications that add credibility and market relevance to the institute's offerings.

4. Roadmap for Selection and Development of Trainers

It was agreed that a structured process for **trainer identification, evaluation, and capacity building** will be created. This includes defining trainer eligibility, creating ToRs (Terms of Reference), and preparing a **trainer development program** to ensure high delivery standards.

5. Execution Roadmap and Project Timeline

A phased execution plan was discussed with defined **milestones, timelines, and accountability checkpoints**. This roadmap includes:

- Program launch timelines
- Infrastructure and curriculum readiness
- Trainer onboarding
- Pilot batch execution
- Monitoring & evaluation strategies



RASHID LATIF KHAN UNIVERSITY (RLKU)

The meeting concluded with mutual consensus to hold a follow-up session for **action review and progress mapping**. CEO **Madam Sabahat Khan** appreciated the focused contributions of all participants and reiterated the university's unwavering commitment to practical, purpose-driven education.

She stated,

“The Rashid Latif Khan Institute of Skills Development is not just a project – it’s a mission to empower individuals with skills that matter, that uplift communities, and that shape the future of Pakistan’s workforce. Together, we will turn this vision into reality with excellence and impact.”

Prof. Dr. Rukhsana Kausar emphasized that this project would serve as a transformational gateway for **bridging academia and industry**, equipping learners with **future-proof competencies** and enabling **inclusive economic participation**.



Rashid Latif Khan University Launches Its 1st-Ever Faculty Development Program (FDP)

A Strategic Leap Toward Academic Excellence, Led by QEC and Aligned with CEO Vision

In a landmark move toward building a stronger academic culture, **Rashid Latif Khan University (RLKU)** proudly launched its **1st-ever Faculty Development Program (FDP)** – a transformative initiative pioneered by the **Director of the Quality Enhancement Cell (QEC)** and aligned closely with the **strategic vision of CEO Madam Sabahat Khan**. The FDP marks a historic milestone in RLKU's journey of academic excellence, aiming to equip faculty with **cutting-edge pedagogical tools, research capabilities, and leadership competencies** that resonate with both local relevance and global standards.

Genesis of the Initiative:

Spearheaded by the **Director QEC**, the idea of a structured and university-wide FDP emerged from institutional self-evaluation exercises, RIPE feedback, and an increasing need for **professional growth pathways for faculty**. The initiative was conceptualized not merely as a training module, but as a **strategic intervention** to create a **culture of continuous academic innovation, peer learning, and reflective teaching**.

This pioneering step reflects the broader institutional ambition of **bridging performance with potential** and investing in the **most valuable resources the educators themselves**.

Visionary Alignment:

CEO **Madam Sabahat Khan** has been a consistent proponent of **transformational education**, where **quality, relevance, and innovation** define the learning experience. The FDP is a practical reflection of her vision, rooted in the belief that **“empowered faculty empower students,”** and that institutional growth begins by investing in its people.



RASHID LATIF KHAN UNIVERSITY (RLKU)

She stated:

"The launch of this FDP is not just a training initiative – it's a commitment to academic distinction. It echoes our vision to nurture forward-thinking educators who inspire, lead, and transform. At RLKU, we aim to create a learning environment where faculty evolve into knowledge architects for future generations."

FDP Structure and Objectives:

The inaugural Faculty Development Program will include a series of **interactive workshops, expert-led sessions, and peer learning forums**, designed around the following core pillars:

- **Modern Pedagogical Techniques**
- **Outcome-Based Education (OBE) Framework**
- **Assessment and Evaluation Methods**
- **Research Methodologies and Publication Ethics**
- **Use of LMS, CMS, and Digital Tools in Teaching**
- **Curriculum Design & Academic Audit Awareness**
- **Personal and Professional Development**

Each session is tailored to support faculty from diverse disciplines, ensuring **department-specific relevance** while promoting **interdisciplinary collaboration** and reflective learning.

Impact and Future Plans:

The successful launch of this FDP marks the beginning of a **continuous professional development ecosystem** at RLKU. The program will be formally institutionalized and **linked with faculty performance reviews, promotions, and teaching quality benchmarks**, as advised under HEC guidelines.

Going forward, the QEC plans to expand the FDP model by:

- Partnering with national and international academic bodies
- Introducing **certified teaching fellowships**
- Creating a **Faculty Mentorship Network**
- Integrating **micro-credentialing and digital badges** for each module

The inaugural session concluded with an enthusiastic response from faculty, reflective discussions, and a renewed commitment toward **lifelong learning** and **teaching excellence**. This initiative stands as a bold step under the **quality-driven leadership of Director QEC**, backed by the **progressive vision of CEO Madam Sabahat Khan**, reinforcing RLKU's identity as a university that not only educates – but also **elevates**.

The banner features the RLKU logo and name at the top left, the slogan "We are Champions" at the top right, and the program title "1st Faculty Development Program at Rashid Latif Khan University" in bold red and blue text. Below the title, it states the dates "From 30th June to 14th July 2025". At the bottom, there are logos for the Ministry of National Education, the SDG (Sustainable Development Goals) initiative, and the HEC (Higher Education Commission), alongside a photograph of a modern university building.



RASHID LATIF KHAN UNIVERSITY (RLKU)

RASHID LATIF INSTITUTE OF ALLIED HEALTH SCIENCES

Board of Study meetings of different departments of Faculty of Allied Health Sciences

Faculty of Allied Health Sciences successfully conducted Board of Studies meeting of program of Medical Laboratory Technology, Cardiac Perfusion Technology, Aesthetics and Cosmetology and Optometry. The meeting brought together esteemed academic and industry experts, faculty members, and external board members to review and enhance the department's academic programs. The session focused on curriculum development and alignment of academic content with prevailing industry trends and Higher Education Commission (HEC) guidelines. Proposed changes in course outlines, teaching methodologies, and assessment strategies were discussed and approved after extensive discussion. The meeting concluded with a vote of thanks and a shared commitment to uphold high standards in teaching, learning, and research.



RASHID LATIF MEDICAL COLLEGE

We are Champions

CONGRATULATIONS!

1st POSITION KHADIJA AQEEL

Student of B.Sc. (Hons.) Speech and Language Pathology 3rd Prof. got First Position in Annual UHS Exams



DEPARTMENT OF PHARM-D

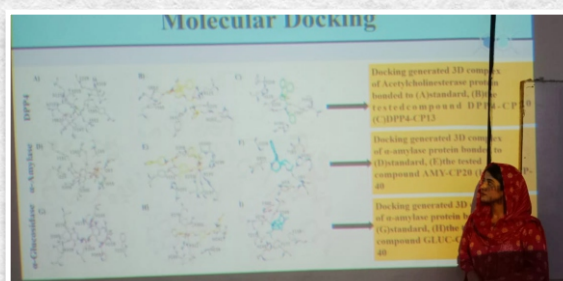
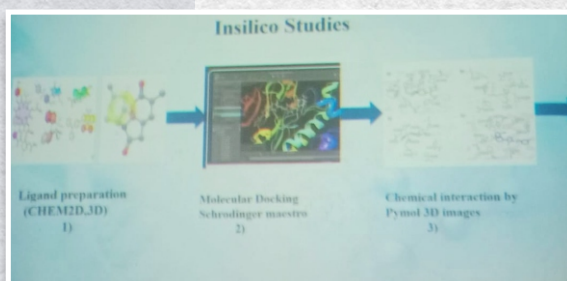
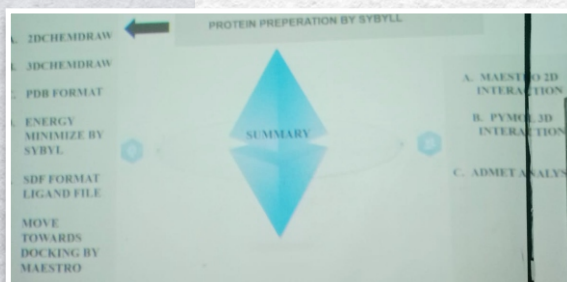
Evolving Landscape of Pharmaceutical Research and Innovation

The Rashid Latif College of Pharmacy (RLCP) proudly organized an in-house seminar for the Faculty of Pharmacy, focused on the evolving landscape of pharmaceutical research and innovation.

Under the esteemed supervision of Prof. Dr. Humayun Riaz, Principal Rashid Latif College of Pharmacy, Dr. Iqra Anwar, a newly appointed faculty member, delivered an enlightening presentation on "In Silico Studies in Drug Development" – a cutting-edge approach transforming modern drug discovery.

Dr. Iqra highlighted the significance of molecular docking techniques and their role in rational drug design, offering deep insights into how computational tools are accelerating and refining the drug development process. Her session sparked thoughtful discussion and was highly appreciated by fellow faculty members for its clarity, depth, and relevance to current pharmaceutical trends.

Events like these reflect RLCP's commitment to fostering academic excellence, promoting research-oriented learning, and staying aligned with global advancements in pharmaceutical sciences.



DEPARTMENT OF PHARM-D

Surprise Visit at RLKU

We were honoured to welcome Dr. Umair Dar, Vice President of the Pakistan Pharmaceutical Association, on a surprise visit to Rashid Latif Khan University (RLKU).

During his visit, Dr. Umair Dar met with Prof. Dr. Humayun Riaz, Dean of the Faculty of Pharmaceutical Sciences, and Dr. Hammad Yousaf, Associate Professor. The session featured an insightful discussion on key pharmacy matters, the outlook of the profession, and the challenges facing pharmacists in Pakistan.

It was a productive exchange of ideas aimed at advancing pharmaceutical education and practice. We thank Dr. Umair Dar for his valuable time and vision for the future of pharmacy in Pakistan.





DEPARTMENT OF PROFESSIONAL PSYCHOLOGY (DPP)

RLKU Summer Programme

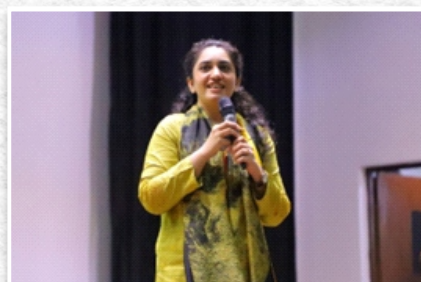
RLKU organized a Summer Programme aimed at introducing school students to various academic fields. Students visited Department of Professional Psychology and participated in a range of interactive activities designed to give them insight into the world of Psychology. Guided by the Department's Faculty, the students enthusiastically took part in hands-on exercises and were particularly fascinated by an engaging psychology-based test. The session was both informative and enjoyable, and the participants were excited to explore more about the field.



DEPARTMENT OF PROFESSIONAL PSYCHOLOGY (DPP)

Calm Over Chaos: Mental Health Awareness

RLMC organized a Mental Health Seminar for medical students, focusing on the significance of conflict resolution and effective stress management techniques. Ms. Mahrukh Mumtaz was invited as the guest speaker. She delivered an engaging session on practical strategies to maintain calm and emotional balance during challenging situations. The seminar was well-received, with students actively participating and expressing great appreciation for the session.





RASHID LATIF MEDICAL COLLEGE (RLMC)

59th Academic Council Meeting

The 59th meeting of the academic council was successfully held on June 4th, 2025, at RLMC- fostering academic excellence, strategic planning, and collaborative growth for the institution's continued advancement.



Department Of Biochemistry

Journal Club

On 20th June as part of the regular Journal Club of RLMC, Dr. Mahwish from Biochemistry Department, presented on the topic: "Biochemical Evaluation of Pro-Inflammatory Marker Upregulation and its role in the pathogenesis and as a diagnostic biomarker of Rheumatoid Arthritis".



Department Of Biochemistry

Biochemistry Day

The Department of Biochemistry at Rashid Latif Medical College celebrated Biochemistry Day with great enthusiasm.

We were to host esteemed panelists:

- Dr. Tahir Aziz, COO, Shaukat Khanum Memorial Hospital
- Dr. Syed Imran Shah, Director of Basic Sciences and Research, Superior University.
- Dr. Zubair, from Forman Christian College University
- Dr. Samiah Shahid, from IMBB, University of Lahore





RASHID LATIF MEDICAL COLLEGE (RLMC)

Department of Gynae Obs and Eye-CPC

Clinicopathological Conference

Highlights from the CPC session at RLMC held on 13th June 2025, the session featured insightful case presentations on:

Acute Fatty Liver of Pregnancy by Dr. Sidra Sikander (Gynae/Obs)

An Early and Hidden Neurovascular Glaucoma by Prof. Nasira Inayat (ophthalmology)

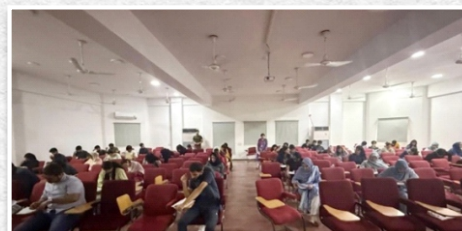
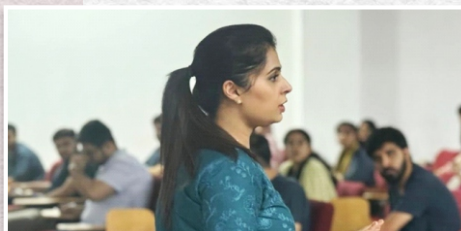
Engaging discussions led by Prof. Asma Yasin, Prof. Madiha and Dr. Khalid enriched the learning experience for Fourth and Final-year Students.



Department of Medical Education-Chughtai Electives Test

Chughtai Electives Test

RLMC 3rd and 4th year MBBS students participated in the test for electives at Chughtai Institute of Pathology held on 17th June- a Step towards securing valuable clinical experience at one of Pakistan's premier pathology institutes.



Department of Medical Education-Workshop on PBL

Workshop on Problem-Based Learning

On 11th June Facilitator's refresher workshop on Problem-Based Learning was conducted by Prof. Saman Saeed and Prof. Nosheen. The session aimed to enhance facilitation skills, reinforce best practices, and ensure effective implementation of PBL for improved student learning.





RASHID LATIF MEDICAL COLLEGE (RLMC)

Department of Pharmacology- Journal Club

Antihyperuricemic Evaluation of Swertia Chirayita

Journal Club Highlight- held on 27th June 2025, an insightful session on "Antihyperuricemic Evaluation of Swertia Chirayita" was presented by Dr. Navida and Dr. Hassan from the department of Pharmacology. The discussion highlighted the therapeutic potential of traditional herb in managing hyperuricemia, encouraging evidence-based dialogue around the herbal alternatives in pharmacology.



Music Society-Music Festival 2025

Pure energy and talent at the Medical College Music Society concert on June 19th, 2025.

Our Students absolutely brought the house down during the event, and it was amazing to see faculty and staff having such a great time.



World Immunization Day

Rashid Latif Medical College and Rashid Latif Dental College organized an immunization Day awareness event on 16th June 2025. The event educated students, faculty, and the community about the importance of immunization in preventing infectious disease.





RASHID LATIF MEDICAL COLLEGE (RLMC)

World Thalassemia Day

Rashid Latif Medical College organized a Thalassemia Day 2025 held on 12th June to raise awareness and support individuals battling the condition. The event featured a video presentation by medical students, an educational session with panelists and an interactive Q&A segment. The chief guest was Dr. Saira Moeen, representing Children's Sundus Foundation Pakistan.



CMH-LM Quiz Competition

On 11th June Team RLMC under the umbrella of RLMC Quiz society secured a spot in the finals at CMH-LM quiz.



Youth Club

A journey through sacrifice and faith. On 4th June RLMC youth club had the honor of hosting Arsalan Ahmed (Co-founder & CEO, Naseeha Institute) for a heart touching session on "The sacrifice of Prophet Ibrahim (AS) and the Ten precious days of Dhul-Hajj".



Sabab Society and Al-Khidmat Foundation-Plantation drive

On June 5, in honor of World Environment Day, Sabab Society, RLMC, and the Al Khidmat Foundation came together for a purposeful plantation drive—a powerful initiative aimed at promoting cleaner air, cooler cities, and a healing planet. This collaboration reflects our shared commitment to sustainability and environmental stewardship.





RASHID LATIF MEDICAL COLLEGE (RLMC)

The Student Empowerment Program- Mental Health Seminar

The Student Empowerment Program at RLMC proudly presented "CALM OVER CHAOS" – a mental health seminar for medical students. Held on 27th June, the event reminded us that mental health is not a luxury but a necessity for those who care for others. Through shared stories, expert insights, and open conversations, we explored ways to navigate stress, build resilience, and embrace vulnerability in medicine.





RASHID LATIF NURSING COLLEGE (RLNC)

COMPARING THE ATTITUDE OF BS NURSING AND MEDICAL STUDENTS TOWARD RESEARCH EXECUTION

Congratulations to Mr. Nabil Samuel, Ms. Arooj Sarfaraz, Mr. Faisal Nadeem, Ms. Warda Tu Nisa, Mr. Jerry Zahid on their recent publication in Journal of Medical & Health Sciences Review

Conclusion:

Burnout in student nurses is widespread, but the academic system structure is not significantly linked to burnout rates. Resilience training, mental health support, mentoring, and emotion regulation programs should be prioritized as institutional responses in all academic formats to combat burnout.

RASHID LATIF MEDICAL COMPLEX

Congratulations ON YOUR PUBLICATION

RESEARCH TITLE
COMPARING THE ATTITUDE OF BS NURSING AND MEDICAL STUDENTS TOWARD RESEARCH EXECUTION. (2025).

JOURNAL OF MEDICAL & HEALTH SCIENCES REVIEW, 2(2).

ABSTRACT
Background: This study explores research attitudes in Lahore-based BS Nursing and Medical students, recognizing research as a significant scientific process that addresses knowledge gaps and enhances healthcare practice. Through analyzing these groups of students' attitudes towards research implementation, the study seeks to encourage research participation in healthcare education.
Objective: To compare the attitudes of BS Nursing and Medical students in executing research tasks and their attitudes toward research involvement.
Methods: Comparative research design was selected to conduct this study. Modified Attitude towards Research scale used as research tool. 128 students from Rashid Latif Khan University Lahore, Pakistan which consist of 32 BS Nursing and 96 Medical students were included in research study through online Google doc survey.
Results: The study included 32 BS Nursing and 96 Medical students, the study depicts that BS Nursing (M=97.59±12.14) and medical students (M=98.68±13.81) had comparable attitudes towards research implementation (mean difference=1.09, p=0.517). A poor correlation (r=-0.119) revealed no significant intergroup difference.
Conclusion: The research attitude was found to be no different between nursing and medical students and both groups were found to have similar levels of participation and perception. The findings from the data reveal that neither group is significantly better in research implementation.
Recommendation: The future multi-center studies with various illustrations should discover relative aspects and longitudinal strategies to reinforce generalizability and perceptions into research dispositions.

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EXAMINING UNDERGRADUATE STUDENTS' AWARENESS, ATTITUDES, AND ACTIONS TOWARD VOLUNTARY BLOOD DONATION

Congratulations to Mr. Amish Chauhan, Mr. Abu Abas, Mr. Faisal Nadeem, Ms. Warda Tu Nisa, Mr. Jerry Zahid on their recent publication in INSIGHTS-JOURNAL OF HEALTH AND REHABILITATION

Conclusion:

The findings highlight a significant gap between positive attitudes and actual donation practices among students. Targeted educational programs addressing misconceptions and logistical barriers, along with strategies to translate awareness into action, are essential to increase voluntary blood donation rates. These measures can support a sustainable and safe blood supply for healthcare needs.

RASHID LATIF MEDICAL COMPLEX

Congratulations ON YOUR PUBLICATION

RESEARCH TITLE
EXAMINING UNDERGRADUATE STUDENTS' AWARENESS, ATTITUDES, AND ACTIONS TOWARD VOLUNTARY BLOOD DONATION.

INSIGHTS-JOURNAL OF HEALTH AND REHABILITATION, 3(3 (HEALTH & REHAB)), 129-137

ABSTRACT
Background: Human blood is crucial for saving lives with the WHO recommending at least 1% of the population donate to meet needs. Globally, 118.54 million donations are collected, 40% from high-income countries. Despite the WHO's promotion of voluntary donation since 2000, there is a disparity in awareness between developed and underdeveloped nations. In Pakistan, voluntary donation shortages stem from misinformation, cultural beliefs, and resource limitations. This study evaluates student perspectives at Rashid Latif Khan University.
Objective: To assess students' awareness of blood donation, their perspectives about donation and their actual donation practice. The key outcome measures focus on the relationship between awareness, perspectives, and behavior surrounding voluntary blood donation.
Methods and Materials: The study utilized a cross-sectional design to gather data from 197 undergraduate students aged 17-35 across various departments, employing descriptive statistics, correlation analysis, and hypothesis testing to explore variable relationships.
Results: The study found that 27.9% of participants had donated blood willingly. Awareness levels varied, with 85.8% knowing their blood group and 82.7% willing to donate in the future. There is a significant positive correlation between awareness and perspectives (r=0.257, p < 0.01), but a weaker correlation between awareness and actual donating behaviors (r=0.014, p < 0.843).
Conclusion: Targeted educational initiatives are needed to enhance awareness of blood donation among students. Investigating methods to close the gap between knowledge and practice can promote increased voluntary blood donations.

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RASHID LATIF NURSING COLLEGE (RLNC)

Effects of Basic Life Support Training on Theknowledge of Bachelor of Science in Nursing Students

Congratulations to Mr. Tauqeer Iqbal, Ms. Arooj Iqbal, Mr. Faisal Nadeem, Ms. Warda Tu Nisa, Mr. Jerry Zahid on their recent publication in Journal of Medical & Health Sciences Review.

Conclusion:

After the training there was a significant effect on the knowledge of BS nursing students. However, there was a noticeable decrease in knowledge retention with time.

RASHID LATIF MEDICAL COMPLEX

Congratulations ON YOUR PUBLICATION

RESEARCH TITLE
EFFECTS OF BASIC LIFE SUPPORT TRAINING ON THE KNOWLEDGE OF BACHELOR OF SCIENCE IN NURSING STUDENTS (2025).

JOURNAL OF MEDICAL & HEALTH SCIENCES REVIEW, 2(2).

ABSTRACT
Background: Basic Life Support training significantly enhances the skills, confidence, and retention of nursing students in emergency response, especially when simulation-based and interactive learning methods are used. Research shows that this type of training increases CPR proficiency, and ensures long-term competency.
Objective: To evaluate the impact of BLS training on the knowledge of bachelor of science in nursing students' and how BLS training effects the practical application of nursing students in lifesaving activities.
Method: A quasi-experimental study design with pretest, post immediate test and post test was conducted at Rashid Latif nursing college. Non-probability purposive sampling technique was used for the selection of 126 participants. The training included a power point presentation, hands on practice and video demonstration. Data were collected from the participants. Data analysis was performed via SPSS version 23 with Fredman's ANOVA used for statistical analysis.
Result: The findings show noteworthy improvement in BLS knowledge during assessment periods. During the pre-test, respondents were poor mean score (mean=48.9%), (mean=68.3%) average, and none good. Immediate post-test results indicated remarkable improvement, with good score (mean=96.5%) and poor (mean=28.55%). Knowledge retention continued to be excellent at one-month follow-up showing good scores (mean=91.6%) and poor scorers reducing to (mean=23.8%) with average scorers rising to (mean=81.0%). Results suggest that BLS training succeeds in enhancing as well as retaining knowledge among nursing students. Conclusion: After the training there was a significant effect on the knowledge of BS nursing students. However, there was a noticeable decrease in knowledge retention with time.

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Perception of Female Nurses and Nursing Students Regarding Polycystic Ovarian Syndrome Working in a Tertiary Hospital

Congratulations to Ms. Jewel Manzoor, Ms. Faiqa Khalid, Mr. Faisal Nadeem, Ms. Warda Tu Nisa, Mr. Jerry Zahid on their recent publication in Journal of Health, Wellness, and Community Research Volume III, Issue VI.

Conclusion:

Although the majority of nurses and nursing students had general awareness of PCOS, critical gaps in diagnostic and management knowledge highlight the need for structured educational interventions. Enhancing reproductive health literacy among frontline nursing professionals can significantly improve early detection and patient outcomes.

RASHID LATIF MEDICAL COMPLEX

Congratulations ON YOUR PUBLICATION

RESEARCH TITLE
PERCEPTION OF FEMALE NURSES AND NURSING STUDENTS REGARDING POLYCYSTIC OVARY SYNDROME WORKING IN A TERTIARY HOSPITAL.

JOURNAL OF HEALTH, WELLNESS, AND COMMUNITY RESEARCH, III(IV).

ABSTRACT
Background: Polycystic ovarian syndrome (PCOS) is a prevalent endocrine disorder affecting women of reproductive age, often underdiagnosed due to varied clinical presentations and insufficient awareness among healthcare providers. Despite their critical role in women's health education and early detection, the level of knowledge among nurses and nursing students regarding PCOS remains inadequately explored, especially in tertiary care settings in developing countries.
Objective: This study aimed to assess the level of knowledge and awareness regarding PCOS, including its symptoms, diagnostic criteria, and treatment options, among female nurses and nursing students working in a teaching hospital in Lahore.
Methods: A descriptive cross-sectional study was conducted among 95 female nursing students and staff nurses aged 18-26 years, recruited through random sampling. Participants with chronic illnesses were excluded. Data were collected using a validated 20-item questionnaire adapted from Haq et al. and distributed via an online Google Form. The study received ethical approval and was conducted in accordance with the Declaration of Helsinki. SPSS version 23 was used to analyze data through descriptive statistics and Pearson correlation to evaluate associations between demographic variables and knowledge scores.
Results: The mean knowledge score was 72.36 (76.16%). While most respondents demonstrated awareness of symptoms such as irregular menstruation (93.7%) and hirsutism (86.3%), knowledge gaps were observed in diagnostic methods and long-term complications. A moderate negative correlation ($r = -0.5, p = 0.01$) was found between knowledge level and one demographic variable, indicating statistically significant associations.
Conclusion: Although the majority of nurses and nursing students had general awareness of PCOS, critical gaps in diagnostic and management knowledge highlight the need for structured educational interventions. Enhancing reproductive health literacy among frontline nursing professionals can significantly improve early detection and patient outcomes.

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RASHID LATIF NURSING COLLEGE (RLNC)

Awareness of Preventive Measures about Cardiovascular Disease and its Risk Factors Among Diabetic Patients

Congratulations to Ms. Zoha Ashiq, Ms. Kainat Emmanuel, Mr. Faisal Nadeem, Ms. Warda Tu Nisa, Mr. Jerry Zahid on their recent publication in Journal of Dialogue Social Science Review (DSSR).

Conclusion:

Modifications to lifestyle that include exercise, heart-healthy eating, giving up smoking, and maintaining a healthy body mass index can help lower the risk of CVD. However, a large number of diabetics lack sufficient knowledge about preventative measures, and differences in awareness are influenced by cultural norms, traditions, and socioeconomic level. Education tactics can increase knowledge and adherence to preventative practices. It includes patient education programs, training programs for healthcare workers, and digital health technology. Community obstacles can also be addressed with the aid of support networks and culturally sensitive tactics. Notwithstanding improvements in education, fewer health care delivery systems being available, and linguistic and cultural hurdles.



RASHID LATIF MEDICAL COMPLEX



CONGRATULATIONS ON YOUR PUBLICATION

AWARENESS OF PREVENTIVE MEASURES ABOUT CARDIOVASCULAR DISEASE AND ITS RISK FACTORS AMONG DIABETIC PATIENTS

DIALOGUE SOCIAL SCIENCE REVIEW (DSSR), 2(4), 546-556.

PRINCIPAL AUTHORS




ZOHA ASHIQ KAINAT EMMANUEL

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MR. JERRY ZAHID MR. FAISAL NADEEM MS. WARDA TU NISA

Dean Professor Assistant Professor

ABSTRACT

Background: Awareness regarding Cardiovascular Disease (CVD) and the dangers associated with it among diabetics is crucial, according to recent studies. Since diabetics are more likely than non-diabetics to develop CVD, it is imperative to comprehend the connection between diabetes and heart disease. Diabetics patients can lower their risk of heart disease by practicing prevention, and lifestyle modifications including diet and exercise can lower the incidence of CVD. Nonetheless, due to several variables such as socioeconomic disparities, low health literacy, and cultural attitudes, there is still a lack of understanding regarding diabetes prevention for those who already have the disease. Diabetics patients tend to overestimate their risk of CVD, which emphasizes the need for educational initiatives to refute myths.

Method: Among the methods to strengthen the cardiovascular system and prevent CVD in diabetics are patient. CVD poses a serious threat to world health, especially to those who have diabetes mellitus. Diabetes and CVD have a complicated relationship that includes endothelial dysfunction, dyslipidemia, chronic inflammation, and insulin resistance.

Result: One hundred and eight patients participated in the survey, giving a response Table 1 shows the socio-demographic characteristics of the studied participants. Among the participants 66 (59.5%) of them female, 42 (37.8%) of them were male.

Conclusion: Modifications to lifestyle that include exercise, heart-healthy eating, giving up smoking, and maintaining a healthy body mass index can help lower the risk of CVD. However, a large number of diabetics lack sufficient knowledge about preventative measures, and differences in awareness are influenced by cultural norms, traditions, and socioeconomic level. Education tactics can increase knowledge and adherence to preventative practices. It includes patient education programs, training programs for healthcare workers, and digital health technology. Community obstacles can also be addressed with the aid of support networks and culturally sensitive tactics. Notwithstanding improvements in education, fewer health care delivery systems being available, and linguistic and cultural hurdles.

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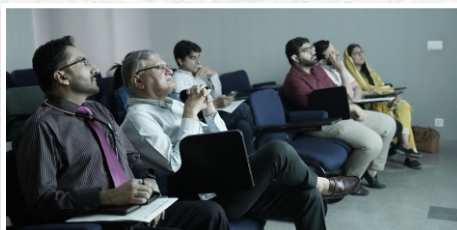


RLKU MEDICAL COLLEGE (RLKUMC)

4th Journal Club meeting

The Department of Medical & Allied Sciences successfully held the **4th** Journal Club meeting on Wednesday, 4th June 2025, at 12:00 PM in D1 Lecture Hall, RLKU Medical College Lahore. The session featured an insightful presentation by **Peds department**, which discussed a comprehensive research paper focused on Pediatrics. The presentation was well-received by the attending faculty, sparking a productive academic discussion and exchange of ideas.

Faculty members from various medical and allied departments participated actively, contributing valuable perspectives to enhance understanding of pediatric care practices. The department acknowledges and appreciates the enthusiastic involvement of all attendees in making the event a meaningful academic experience.



11th Inspirational Speaker Program

The **11th Inspirational Speaker Program** was successfully organized at RLKUMC, reflecting the institution's ongoing commitment to motivation, learning, and professional development. The event was graced by the respected **Madam Sabahat Khan**, Chief Executive Officer of RLK Associates. She was the guest speaker and she delivered an inspiring address focused on discipline, confidence, and the pursuit of excellence in life. Her speech was received with great enthusiasm and appreciation by students, faculty, and staff.

The Principal, Prof. Arif Mahmood Siddique, expressed sincere thanks to the CEO for her gracious presence and powerful words that uplifted the morale of all attendees. The CEO was presented with a shield in recognition of her inspiring speech and valuable contributions.

Programs like these continue to build a strong academic culture at RLKUMC, where excellence, leadership, and inspiration are deeply valued.





RLKU MEDICAL COLLEGE (RLKUMC)

Blood Donation Program

RLKU Medical College successfully hosted a **Blood Donation Program** on Tuesday, 24th June 2025, under the joint efforts of the Department of Biochemistry and the Patient Welfare Society. The initiative aimed to promote the life-saving impact of voluntary blood donation and to instill a sense of social responsibility among students and staff.

The formal program began at 10:30 AM in Lecture Theatre 4, featuring a segment titled "Celebrating Creativity and Achievement", which included a poster display and a prize distribution ceremony to recognize student efforts and creative contributions.

Prof. Arif Mahmood Siddiqui, Principal RLKU Medical College, visited the Blood Donation Camp and personally met with the donors. He commended their noble gesture and expressed his sincere appreciation for their active participation. He emphasized the vital role of youth in community service and lauded the initiative as a model of compassion and civic duty.

The camp witnessed enthusiastic participation from students, faculty members, and staff, all coming together to support this noble cause. The event served as a testament to the spirit of compassion, responsibility, and unity within the RLKU community.

The organizing committee extends heartfelt gratitude to all participants, donors, and volunteers for making the program a meaningful and impactful success.

"Be a Hero – Donate Blood. A single drop can be someone's lifeline."

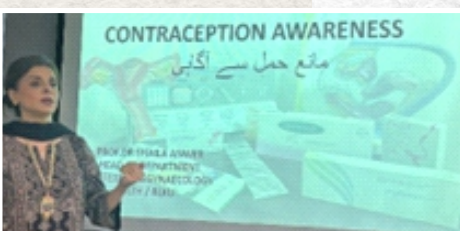


Contraception Awareness

Department of obstetrics & gynecology HLTH/RLKU Medical College conducted a workshop on **CONTRACEPTION AWARENESS** under the guidance of Prof Dr Shaila Anwar (HOD) and Dr Saima Qurban (Ass.Professor)

Workshop was attended by lady health visitors (LHVs). Lecture was delivered by Prof Dr Shaila followed by hands on demonstration of IUCD insertion, injectable contraception, contraceptive pills usage conducted by Senior Registrars.

The purpose of this workshop was to raise the awareness of contraception through the LHVs to the public and to make them familiarize with the different methods.





RLKU MEDICAL COLLEGE (RLKUMC)

Fatty Liver

A highly 16th informative session on “Fatty Liver” was recently held at RLKU Medical College, Lahore. The session aimed to educate medical students and faculty on the rising prevalence, underlying causes, and effective management of fatty liver disease. The event witnessed active participation from both basic and clinical departments, fostering a collaborative learning environment. Key discussions highlighted the significance of early detection, lifestyle interventions, and clinical vigilance in addressing this growing health concern. **Prof. Arif Mahmood Siddiqui, Principal** of RLKU Medical College, also attended the session. He commended the initiative for its contribution to medical awareness and continuous professional development. The college remains dedicated to promoting academic excellence through such valuable educational programs.



Obstetrics & Gynecology HLTH RLKU Medical College

Department of Obstetrics & Gynecology HLTH /RLKU Medical College conducted a workshop on “VISUAL INSPECTION WITH ACETIC ACID AND SCREENING FOR CERVICAL CANCER” under the guidance of Prof Dr Shaila Anwar. Lecture was delivered by Prof Dr Shaila followed by a practical demonstration on model and colposcopy use. Workshop was attended by Postgraduate Residents of Obs Gynae department Arif Memorial Teaching Hospital and Medical officers and Chief residents of Hameed Latif Teaching Hospital. This was primarily to enhance the efficacy of the screening tool and to make all the residents familiar with the screening method that doesn't require any specific infrastructure. This was primarily to enhance the efficacy of the screening tool and to make all the residents familiar with the screening method that doesn't require any specific infrastructure.





The Department of Pathology

One Day Seminar on Quality Control in Laboratory Investigation Held at RLKUMC

The Department of Pathology at RLKUMC successfully organized a one-day seminar on “*Quality Control in Laboratory Investigation*” on Friday, June 13, 2025. The event brought together faculty, clinical professionals, and lab staff for an insightful session focusing on maintaining and improving the accuracy and reliability of laboratory testing.

The seminar commenced with a **warm welcome note by Professor Arif Siddiqui, Principal PLKUMC**, who emphasized the significance of continuous education and quality assurance in laboratory medicine. He appreciated the efforts of the Department of Pathology for arranging such a timely and relevant academic activity, encouraging all participants to stay updated with modern diagnostic standards.

The seminar featured an expert talk by **Mr. Abdul Sami, Product Specialist – Chemical House**, who delivered a comprehensive presentation on modern quality control practices, challenges in clinical diagnostics, and the importance of standard operating procedures in laboratory settings.

A special segment of the seminar included the **introduction of the EQAS (External Quality Assurance Services) program by Mr. Shaoaib Rana, CEO of Chemical House**. Mr. Rana elaborated on the significance of EQAS in benchmarking laboratory performance against international standards, enhancing credibility, and promoting continual improvement in diagnostic services. His presentation was met with keen interest and raised meaningful discussions among the participants.

The event was prestigiously chaired by **Professor Arif Siddiqui, Principal RLKUMC; Dr. Ahmed Muqeem, Medical Director HLTH; and Professor Dr. Faheem Mahmood, Vice Principal RLKUMC**. Each of the dignitaries emphasized the crucial role of quality assurance in patient safety and academic excellence.

The session was well attended by **faculty members and clinical laboratory staff**, who actively engaged in the discussion and appreciated the practical insights shared by the speaker.

The seminar concluded with a note of thanks from **Dr. Ahmed Muqeem, Medical Director HLTH** and organizing team **Pathology Department RLKUMC**, expressing gratitude to the guest speaker, chairs, and participants for contributing to the academic and professional enrichment of the event.





ARIF MEMORIAL TEACHING HOSPITAL (AMTH)

Empowering Future Physicians: 3-Day Orientation Overview

A three-day orientation program was successfully conducted for incoming House Officers, Batch 2025. The sessions focused on familiarizing participants with hospital protocols, emphasizing patient care standards, professional conduct, and institutional discipline. This initiative aimed to ensure a smooth transition into clinical responsibilities and uphold the quality of care.



Distinguished Visit by Mr. Moeen Wattoo (Federal Minister for Power & Water Resources) Highlights Commitment to Healthcare Excellence

We were honored to welcome **Mr. Moeen Wattoo (Federal Minister for Power & Water Resources)** on his recent visit to our hospital, where he toured various departments and engaged with medical and administrative staff. His visit underscored a shared commitment to advancing quality healthcare and fostering a culture of compassion and professionalism within our institution.

